



Build a Healthy Breakfast!

Choose at least 3 items,
make sure to take a fruit or vegetable!

May choose up to 4 items!
Examples of Menu Options...

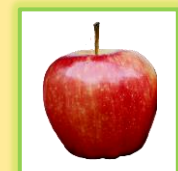
Entrée Choices

WG Pancakes	=	2 items
BEC Biscuit	=	2 items
Chicken Biscuit	=	2 items
Cereal	=	1 item



Fruit & Vegetable Choices

Apple	=	1 item
Applesauce	=	1 item
Orange Juice	=	1 item
Banana	=	1 item



Milk Choices

Skim White	=	1 item
1% White	=	1 item
Skim Chocolate	=	1 item

