

Emergency Medical Plan Hemophilia

Hemophilia is a hereditary disease characterized by bleeding episodes that are either spontaneously or traumatically induced. Each type of hemophilia is caused by a deficiency in specific clotting factors. Bleeding problems are related to the amount of clotting factor present in the blood.

Symptoms: tingling, or other sensation, limb held in abnormal position, discomfort or pain, area warm to touch, swelling, firmness and tenderness at site of bleed, restriction of range of motion.

- Joints and muscles are most common bleeding sites.
- Any bleeding in the head and neck area is a medical emergency (except nosebleeds).

Interventions:

1. Note location of bleed and treat bleeding episodes promptly.
2. Control the bleed by applying pressure to the site for 10-15 minutes.
3. Elevate the site above heart level, and apply cold compresses.
4. Notify parent of bleed.
5. Allow child to rest while waiting for parent.
6. Resume activity slowly after bleeding episode.
7. Do not give aspirin or medicine containing aspirin for pain relief.
8. If bleeding is uncontrolled, or in head and neck region (except nosebleed), contact parents regarding emergency care. Call 911 and transport to _____ Hospital as necessary.
9. Additional instructions: _____

This information will be shared with your child's teacher unless you state otherwise.

Parent/Guardian Signature _____ Date _____

Nurse _____