

Muscular Dystrophy Care Plan

Muscular Dystrophy (MD) refers to a group of hereditary, progressive disorders with onset in young people. MD results in a degeneration of voluntary muscles of the trunk and lower extremities. The most common form is Duchenne which is onset early in life; therefore, it is the type most frequently seen in schools. Muscular atrophy results in weakness and fatigue, leading to respiratory or cardiac problems. In class, the student will have difficulty manipulating materials and ambulating around school.

Name _____ DOB _____
School _____ Grade _____ Teacher _____
Parent _____ Phone1 _____ 2 _____
Cell Phone _____ Emergency Contact _____
Doctor _____ Phone _____ Fax _____

Current Medications:

1 _____
2 _____
3 _____
4 _____

Affects medication may have on ability to learn:

Physical Activity:

Any specific restrictions in classroom activities, physical education activities, or playground/recess activities:

Diet:

Any modification of diet needed:

Mobility:

Assistance for mobility

Other comments:

Parent Signature _____ Date _____
School Nurse _____ Date _____